

# STAND UP. SPEAK UP.

Hepatitis Victoria HEPSpeak is recruiting!

JOIN US FOR FREE 2 DAY PUBLIC SPEAKER TRAINING

DAY 1 (Info)– Sat 6th April 10.30am-1.30pm AY 2 (Practice) – SAT 13th Apr

DAY 2 (Practice) – SAT 13th April 10.30-3.30

People from all backgrounds are welcome to speak out about living with viral hepatitis

FIGHT STIGMA AND CHANGE COMMUNITY ATTITUDES

Hepatitis Victoria – 5/200 Sydney Road Brunswick

BOOK YOUR PLACE HERE: www.hepvic.org.au/hepspeaktraining

or call Will Scott on 9380 4644





## Hepatitis Victoria is welcoming new public speakers! Jump on board and help to make a difference!

Join us for a two day <u>FREE</u> workshop to improve your public speaking skills and make a difference!

#### Why should I become a HEPSpeaker?

- This is an opportunity to connect with others and share experiences
- Help to educate the community and raise awareness about living with viral hepatitis
- Join the fight against stigma and discrimination
- Receive free training on presentation skills and story telling
- Feel empowered and increase your confidence
- You will be reimbursed to talk about your experiences at events

### The sessions are run over two days – participants must attend both days in order to become speakers

- Saturday 6<sup>th</sup> of April 2019 10.30am to 1.30pm
- Saturday 13<sup>th</sup> of April 2019 9.30am to 3.30pm

Training held at Hepatitis Victoria – Suite 5, 200 Sydney Road Brunswick, 3056.

Training is open to anyone with lived experience of hepatitis B or C

#### **Lunch provided!**

Book at: www.hepvic.org.au/hepspeaktraining or contact Will Scott on admin@hepvic.org.au or 9830 4644



What the speakers are saying: "I always experience a sense of achievement and selfworth after each presentation"

What organisations are saying: "The speaker was phenomenal- so many nurses came up to me after the Workshop to say how much they benefited from their presentation"