

# HEP

# Speak

## TRAINING

**FREE!**

# STAND UP. SPEAK UP.

Hepatitis Victoria HEPSpeak is recruiting!

**JOIN US FOR FREE 2 DAY PUBLIC SPEAKER  
TRAINING – MUST ATTENDED BOTH DAYS**

**DAY 1 (INFO) – SAT SEPT 15  
10.30am-1.30pm**

**DAY 2 (PRACTICE) – SAT SEPT 22  
10.30-3.30**

**PEOPLE FROM ALL BACKGROUNDS  
ARE WELCOME TO SPEAK  
PUBLICALLY ABOUT THEIR  
EXPERIENCES WITH VIRAL HEPATITIS.**

***FIGHT STIGMA AND CHANGE  
COMMUNITY ATTITUDES***

**HELD AT HEPATITIS VICTORIA – SUITE  
5, 200 SYDNEY ROAD, BRUNSWICK.**

**BOOK YOUR PLACE HERE:**

**[www.hepvic.org.au/hepspeaktraining](http://www.hepvic.org.au/hepspeaktraining)**

**or CALL Will Scott on 9380 4644**





**Hepatitis Victoria is welcoming new public speakers! Jump on board and help to make a difference!**

Join us for a two day FREE workshop to improve your public speaking skills and make a difference!

### ***Why should I become a HEPspeak?***

- This is an opportunity to connect with others and share experiences
- Help to educate the community and raise awareness about living with viral hepatitis
- Join the fight against stigma and discrimination
- Receive free training on presentation skills and story telling
- Feel empowered and increase your confidence
- You will be reimbursed to talk about your experiences at events

**The sessions are run over two days – participants must attend both days in order to become speakers**

- Saturday 15<sup>th</sup> of September 2018 – 10.30am to 1.30pm
- Saturday 22<sup>nd</sup> of September 2018 – 9.30am to 3.30pm

Training held at Hepatitis Victoria – Suite 5, 200 Sydney Road Brunswick, 3056.

Training is open to anyone with lived experience of hepatitis B or C

**Lunch provided!**

**Book at: [www.hepvic.org.au/hepspeaktraining](http://www.hepvic.org.au/hepspeaktraining) or contact [Will Scott](mailto:Will.Scott@hepvic.org.au) on [admin@hepvic.org.au](mailto:admin@hepvic.org.au) or [9830 4644](tel:98304644)**



**What the speakers are saying:** *“I always experience a sense of achievement and self-worth after each presentation”*

**What organisations are saying:** *“The speaker was phenomenal- so many nurses came up to me after the Workshop to say how much they benefited from their presentation”*