

HEP Ready



Are you HEPReady?

- 4 Victorians die every week as a consequence of viral hepatitis
- Over 100,000 Victorians live with viral hepatitis
- <5% access treatment.

Number of Australians living with:



Can you conduct a sensitive conversation with your clients about viral hepatitis?

Stigma can take different forms and it is important that as health professionals we are working with empathy and empowering our patients to take control of their health.

HEPReady is a suite of training courses developed for community and health workers to further knowledge of, and by extension take the fear away from, viral hepatitis. These courses are devised and facilitated by experienced Hepatitis Victoria trainers.

There are two streams:

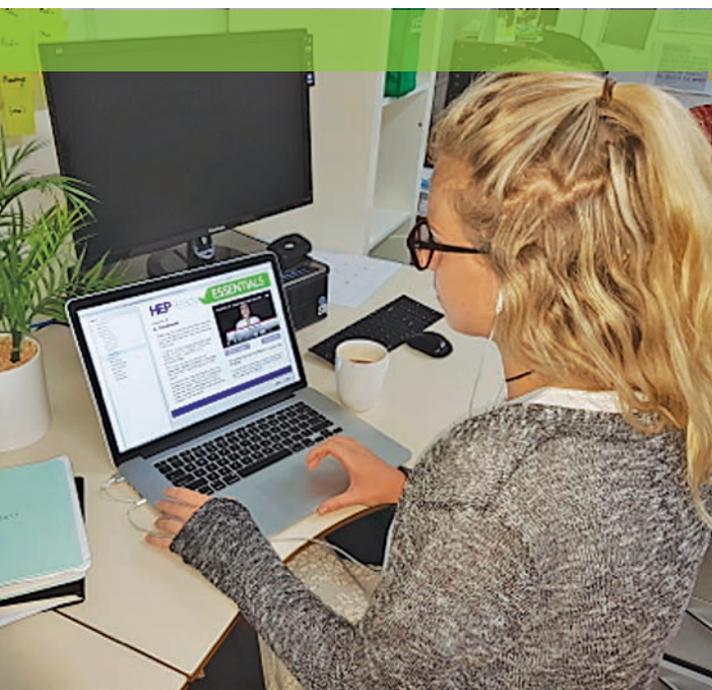
Essentials

Delivered face-to-face or online (web tutorials), this 3.5 hour course covers basic information about the function of the liver, viral hepatitis (B and C), risk behaviours (hepatitis B and C), disease transmission and progression (hepatitis B and C), treatment/management (hepatitis B) and new treatments for hepatitis C.

HEPReady Essentials can also be tailored to an organisation's workforce and delivered on site.

Comprehensive

Delivered for your convenience in one-hour Web tutorials, these innovative mini-courses courses can be selected by you. If four are combined with the Comprehensive practical (3 hours), you will be awarded with a Comprehensive Certificate. Alternatively, you can choose to complete as many mini-courses as you wish in any combination.



People living with chronic hepatitis B



People living with chronic hepatitis C



We are committed to meeting the target to **eliminate Hepatitis B and C** as a public health concern, and **eliminate stigma and discrimination** associated with the disease, by **2030**.

The challenge is that many people living with viral hepatitis do not seek testing and treatment because they are unaware they have it or they are afraid of the stigma and discrimination that it may attract.

HEPReady training equips you for this challenge by providing:

- Clear factual clinical information about viral hepatitis.
- Real experiences of people living with viral hepatitis.
- The means to combat stigma and discrimination.
- The techniques to sensitively speak to people living with or at risk of contracting viral hepatitis.

HEPReady offers the following benefits to organisations and their workforce:

- Convenience of both face to face and online training options.
- Modular training programs tailored to your organisation's needs.
- Flexibility to choose from multiple course topics at a reasonable price.
- A greater understanding of the stigma and discrimination surrounding viral hepatitis, and improved ability to appropriately respond, effectively reduce risk, and increase rates of testing and treatment.

The courses are tailored for your purposes and can be delivered on site at your organisation.



Testimonials:

It is great to have the latest information about hepatitis B and C. I am now more inclined to talk to my clients about hepatitis. Thank you.

Brenda Hotchin
Eastern Health

The guest speaker, talking about her personal experiences of living with hepatitis C, was very insightful.

Bobby Chaophrasy
cohealth

HEPReady also features

HEPSpeak – trained and experienced public speakers with ‘lived experience’ of viral hepatitis.

HEPLink – Access to the only online professional network responding to viral hepatitis in Victoria.



For your personal consultation regarding delivery please call:

(03) 9380 4644

Or email: hepready@hepvic.org.au